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## **PARENT NOTIFICATION FORM**

### **Youth Risk Behavior Survey 2021**

The Department of Interscholastic Athletics, APE, ASB, JROTC, PE & SHEP of San Diego Unified School District, in cooperation with the Centers for Disease Control and Prevention (CDC), would like your child to participate in the 2021 High School Youth Risk Behavior Survey (YRBS). The survey was first administered in our district in 1991 and has been conducted every other year since. By comparing current survey results to previous surveys, we are able to see trends in student behavior. This information guides our decisions for implementing health programs for students in our district.

The survey will gather health information regarding the following areas: effects of COVID-19 school closures on mental health and academic performance; protective factors in students' lives; adverse childhood experiences; experiences with health education; alcohol, tobacco, and other drug use; relationship violence; sexual behaviors; and other behaviors that can result in intentional and unintentional injury and violence.

The privacy of students is carefully guarded. The survey is anonymous. Students do not put their name, their classroom, or school name on the questionnaire. Approximately sixty classes (grades 9-12) from 24 district high schools will be participating in the 2021 survey.

You may find the YRBS questionnaire in multiple languages as well as results from past surveys at [www.sandiegounified.org/YRBS](http://www.sandiegounified.org/YRBS). You may also review the questionnaire (in English or Spanish) at your child's school. If you have questions, please contact Rachel Miller at [rmiller@sandi.net](mailto:rmiller@sandi.net) or (619) 725-7121.

**If you do not want your child to participate in this survey, please sign below and return this form to your child's classroom teacher by September 27, 2021.**

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I **DO NOT** want my child participating in the 2021 Youth Risk Behavior Survey.

School: \_\_\_\_\_

Student's Name: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_